MENTAL HEALTH MONTH 2017 PROCLAMATION

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, mental illnesses are real and prevalent in our nation, and half of us will have a mental health diagnosis at some point in our lives; and

WHEREAS, people with mental illnesses make important contributions to our families and our communities; and

WHEREAS, stigma and fear of discrimination keep many who would benefit from mental health services from seeking help; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, with early and effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts; and

WHEREAS, greater public awareness about mental illnesses can change negative attitudes and behaviors toward people with mental illnesses

Therefore, Seward County does hereby proclaim MAY 2017 as Mental Health Month and calls upon the citizens, government agencies, public and private institutions, businesses and schools in Seward County to recommit our community to increasing awareness and understanding of mental health, its relationship to physical health the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

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Ada J. Linenbroker, Commissioner	Randy Malin, Commissioner	
Nathan McCaffrey, Commissioner	Jack Jacob, Commissioner	

C. J. Wettstein, Commissioner